

Compression Level at the Ankle	Indications
15–20mmHg	<ul style="list-style-type: none"> • Tired, achy legs • Occupational or evening edema • Leg discomfort from long hours of standing or sitting • Prophylaxis of varicosities & swelling during pregnancy • Prophylaxis for legs predisposed to risk • Reduce swelling during travel • Prophylaxis of DVT during travel
20–30mmHg	<ul style="list-style-type: none"> • Heavy, fatigued, aching legs • Mild edema in lower extremities • Mild varicosities with minimal edema • Mild varicosities during pregnancy • Minimal edema upper extremities • Post-procedure of small veins • Prevention or management of DVT
30–40mmHg	<ul style="list-style-type: none"> • Moderate varicosities with mild to moderate edema (also during pregnancy) • Post-procedure of larger veins to maintain treatment success • CEAP C3 (edema), C4 (skin changes without ulceration), C5 (skin changes with healed ulceration), C6* (skin changes with active ulcerations) • Prevention, management and treatment of DVT or Post-Thrombotic Syndrome • Superficial phlebitis • Mild lymphedema after decongestant therapy to maintain reduction • Orthostatic / postural hypotension • Post-fracture, post-traumatic edema
40–50mmHg	<ul style="list-style-type: none"> • Severe varicosities • Severe edema • Lymphedema after decongestant therapy for reduction maintenance • CEAP C4, C5, C6* (see above description) • Recurrent venous ulceration • Severe post-traumatic and post-fracture edema • Severe Post-Thrombotic Syndrome
50–60mmHg	<ul style="list-style-type: none"> • Severe lymphedema after decongestant therapy for reduction maintenance • Severe Post-Thrombotic Syndrome
Contraindications	<ul style="list-style-type: none"> • Arterial insufficiency, intermittent claudication, ischemia • Uncontrolled congestive heart failure • Acute dermatitis, weeping dermatosis, cutaneous sepsis
Cautions	<ul style="list-style-type: none"> • Signs of infection • Skin sensitivities or allergies • Neuropathy • Diabetes • Confinement to bed or non-ambulatory use unless otherwise prescribed by the physician



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